



# Ice Skating Lessons and Hockey Learn to Skate Lincoln Arena 2022-2023



*Each class is a 25 min. lesson & 25 min. supervised practice ice*

## **Saturday Lessons:**

10:00 Beginner, Intermediate or Advanced  
10:25 Beginner or Hockey Skills  
10:50 Beginner

## **Sunday Lessons:**

11:00 Beginner or Hockey Skills  
11:25 Beginner, Intermediate or Advanced  
11:50 Beginner

*Beginner classes are available for ages 3 & up. Single blade skates only. Helmet recommended  
Hockey will cover forward/backward skating, stops, slalom, strides, hustle, swizzles, scooter pushes, lateral march, crossovers, edges and much more*

**\*\*All lessons must be paid for at registration. Cash or check only payable to the assigned instructor.**

### **Session 1 \$65.00 (5 Classes) - October 15th & 16th through November 12th & 13th**

Registration in person only at Lincoln Arena on:

Saturday, October 1st	3-5 pm
Saturday, October 8th	3-5 pm
Tuesday, October 11th	7-9 pm

### **Session 2 \$90.00 (7 Classes) - November 19th & 20th through**

**January 14th & 15th (No Classes Dec. 24, 25, 31, & Jan. 1)**

Registration in person only at Lincoln Arena on:

Tuesday, November 15th	7-9 pm
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### **Session 3 \$90.00 (7 Classes) – January 28th & 29th through March 11th & March 12th**

Registration in person only at Lincoln Arena on:

Tuesday, January 24th	7-9 pm
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**For questions email Paddy at [Paddykim@aol.com](mailto:Paddykim@aol.com) or Gina at [Ginabuffalo@aol.com](mailto:Ginabuffalo@aol.com)**